

Resonate Now – June 2026

Please support our work by visiting our [online support page](#) or calling **0300 030 7212**
All donations are gratefully received and make a significant difference to our work



Hello everyone!

We hope you are all keeping well.

Make a mile count – join Team Resonate Arts!

We're inviting our community to fundraise for Resonate Arts by walking, jogging or running the **Vitality Westminster Mile** on **Saturday 26th September 2026** in **Westminster, London**.

It's a friendly, inclusive event – whether you stroll, sprint or travel via wheelchair, every step helps us continue to provide inspiring arts events for people living with dementia.

Tickets cost £12 per person to enter. Come and be part of something special – email info@resonatearts.org or call **0300 030 7212** to register your interest and we'll share the next steps on how to sign up and tips for fundraising.

Resonate Arts Events

Our weekly **Creative Dance & Movement** sessions take place on **Mondays 1st, 8th, 15th, 22nd & 29th June, 2pm – 3.30pm** at **Penfold Community Hub, 60 Penfold Street, NW8 8PJ**. Gentle and playful movement class; chair-based. For more information, please call Shelley on **0300 030 7212**, or email: info@resonatearts.org

Our weekly **Singing with Friends Choir** rehearsals take place in person at **Wigmore Hall, 36 Wigmore Street, W1U 2BP** on **Tuesday 2nd, 9th, 16th, 23rd & 30th June** and **online (via Zoom)** on **Tuesday 2nd, 16th & 30th June**. For more information and timings, please call Shelley on **0300 030 7212**, or email: info@resonatearts.org

Music for the Moment – our free dementia-friendly concert series in partnership with the Royal Academy of Music – takes place on **Friday 5th June** at **St Marylebone Parish Church, 17 Marylebone Road, NW1 5LT**. **Grace Hope-Gill** (voice) and **Amy Bach** (piano) from the Royal Academy of Music will be performing. **Tea & cake 2.30pm, concert starts at 3pm**. For more info, please call **0300 030 7212**, or email: info@resonatearts.org

Our monthly **Creative Space Art** sessions take place at the **Salvation Army, Regent Hall, 275 Oxford St, W1C 2DJ**. Our next session will be **Monday 15th June, 2pm – 3.45pm**. To book a free place, please call Shelley on **0300 030 7212**, or email: info@resonatearts.org

Other News

Gilbert Galleries Workshop – V&A South Kensington, Cromwell Road, SW7 2RL

Friday 5th June, 2pm – 4pm: The V&A is looking for people living with dementia and their carers to join them at a fun relaxed workshop to give feedback on the newly transformed Gilbert Galleries which reopened this year. A £50 thank you voucher will be given for taking part. **Very limited places – must book!** Contact Holly: **020 3949 4546**; h.power@vam.ac.uk

Wellbeing Sessions - Royal Hospital Chelsea, Royal Hospital Rd, SW3 4SR (via Chelsea Gate)

Tuesday 9th June, 10.30am - 11.30am: joyful singing session with Ali & Christopher

Tuesday 16th June, 10am - 12pm: drop-in get-together: coffee, games & conversation

Tuesday 23rd June, 10.30am - 12pm: sensory session inspired by the foods we love

Tuesday 30th June, 10.30am - 3pm: workshops; performance by The Treblemakers (11am); singalong with Chelsea Pensioner Singers (1.30pm); music session with Mac O'Shea (2pm)

Free wellbeing sessions for people living with memory loss, carers, friends and family. To book, call Marina: **020 7881 5493**, or communityengagement@chelsea-pensioners.org.uk

Discover Queen Elizabeth II: Life in Style **Tuesdays: 9th June – 14th July, 10am – 12pm**

The King's Gallery, Buckingham Palace, SW1A 1AA (last 2 sessions in The Royal Mews)

Free 6-week programme inspired by the exhibition 'Queen Elizabeth II: Life in Style'. Gentle, guided exploration of the Queen's outfits with art historian Catherine Chastney & a creative workshop with textiles artist, Alice Burnhope. For people with early-stage dementia or mild cognitive impairment & companions. **Limited numbers, must be able to attend all 6 weeks!** To book, please contact Arts for Dementia: **020 3633 9954**; christina@artsfordementia.org

Creative Workshop: Stories in Ceramics **Friday 26th June, 2pm – 4pm (free)**

Learning Studio, The Wallace Collection, Hertford House, Manchester Square, W1U 3BN

Join artist Marie-Thérèse Ross for a closer look at 16th century ceramics. Learn how wine coolers and painted plates were made & create your own ceramic scene. Dementia friendly, carers welcome. **Booking essential:** call **020 7563 9577**; community@wallacecollection.org

Our ever radiant faces...



Sofi Mogensen

Projects Manager



Sam Curtis

Director



Shelley Hastings

Projects Manager

Please do get in touch if you would like to book a place for any of our activity listings.

As always, we look forward to seeing you soon! Best wishes, Sofi, Sam & Shelley

You can contact **Resonate Arts** on: **0300 030 7212** or info@resonatearts.org

Westminster event listings – June 2026

Memory Café South Tuesday 2nd June, 2.30pm – 4.30pm

St James the Less Church, Vauxhall Bridge Road, Pimlico, SW1V 2PS

Providing group-based support for people living with dementia and memory loss.

Call London Care Westminster on **020 7723 5425**, or email: marco.sepe@candchealthcare.co.uk

Memory Café North Wednesday 24th June, 2.30pm – 4.30pm

42 Westbourne Park Road, Bayswater, W2 5PH

Providing group-based support for people living with dementia and memory loss.

Call London Care Westminster on **020 7723 5425**, or email: marco.sepe@candchealthcare.co.uk

Maintenance Cognitive Stimulation Therapy (MCST) Tuesdays, 2.30pm – 4pm

St Marylebone Parish Church, 17 Marylebone Road, London NW1 5LT (weekly group)

Activities provided by 'Visiting Angels' to help maintain memory & mental function in a supportive space. For people with early stage dementia. **Pre-assessment required**, please call **020 3004 5610**

or email: dementia@ageukwestminster.org.uk

Singing for the Mind Thursdays, 2pm – 4pm (weekly, excluding public holidays)

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Singing for the Mind is a stimulating, professionally-led, friendly and, above all, fun singing session for people with memory loss. Contact sfm@ljs.org or **020 7286 5181** to learn more and to register.

Heart of Westminster – Age UK Westminster Memory Café Monday 15th June, 11am – 1pm

Salvation Army, Regent Hall, 275 Oxford Street, London, W1C 2DJ

Offering a relaxed, informal setting for people with dementia and their family, friends and carers to get together. To book, call **020 3004 5610**, or email: dementia@ageukwestminster.org.uk

Sessions at Lord's Cricket Ground

Lord's Cricket Ground, St John's Wood Road, NW8 8QN (Entrance – Gate 6)

Music: Tuesday 16th June, 1.30pm – 3pm Maciek O'Shea sings pop, folk & opera.

Reminiscence: Tuesday 30th June, 1.30pm – 3pm Friendly chat & refreshments session.

For more info, please call John on **020 7616 8604**, or email: john.donegan@mcc.org.uk

Songhaven Concert Saturday 20th June, 3pm (doors open 2.30pm)

St Paul's Knightsbridge, 32a Wilton Place, SW1X 8SH. Tel. **020 7201 9999**. **Booking essential!**

Further info at: <https://songhaven.co.uk/liveconcerts/> or email: songhaven@songhaven.co.uk

Video and Tea Wednesday 24th June, 1:30pm – 4:30pm

The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA

Watch a screening of the film 'An Affair to Remember' followed by a delicious tea and ice-cream.

No need to book, tickets £2 on the day. Wheelchair accessible. For info, please call **020 7286 5181**.

Listings produced by Resonate Arts for people living with dementia, their supporters & carers

We recommend contacting the provider in advance to book your place and discuss access needs

Contact **0300 030 7212** or info@resonatearts.org